When one proceeds to attain the Atmic vision (vision of the Self), one has to negate everything one perceives as being Non-Self, until at the end of the journey, the Atma alone is cognised. The Atma admits of no definition, no description, no designation. It is the end of enquiry, the culmination of all endeavour, the silence that swallows all speech. The primary seed of knowledge is "I am not the body". It contains three entities: I, Body and Not. I is the Atma, the only truth. The idea 'I' applies only to the eternal 'I', over which, the transient 'I' is superimposed by ignorance born out of false identification with the body.

- Baba

Thought for the day as written at Prasanthi
COMMENTS:

When one proceeds to attain the Atmic vision (vision of the Self), one has to negate everything one perceives as being Non-Self,

OR SEE ALL THINGS AS GOD - WHICH IS THE SELF

OR SEE NOTHING BUT SILENCE AND EMPTINESS -

OR SEE ALL THINGS AS ATMA, BECAUSE THEY ARE. IN TRUTH THE BEINGNESS OF ALL THINGS IS ATMA/ANU

until at the end of the journey, the Atma alone is cognised. The Atma admits of no definition, no description, no designation. **It is the end of enquiry**, the culmination of all endeavour, the silence that swallows all speech. The primary seed of knowledge
is "I am not the body".

WELL NOT ONLY NOT THE BODY - BUT THE BIG DEAL IS "NOT THIS POINT OF VIEW" I.E. NOT THIS REFERENCE POINT - NOT THIS DATA COLLECTION POINT I.E. NO DATA - NOTHING TO SEE AND NOTHING TO SEE FROM - NO PLACE TO HEAR FROM - NOTHING TO FEEL FROM - NO PLACE TO TASTE FROM - NO POINT TO SMELL FROM - NO YOU - NO POINT OF VIEW - ONLY GOD

THIS IS MOVING FROM THIS UNIVERSE OF DREAMS & CREATION > TO ALL THAT IS - THE ABSOLUTE - THE FIRST CAUSE = SPACE - THE FIRST FORM OF GOD, WHICH IS FEMALE
It contains three entities: I, Body and Not.

THE 'I' IS THE FIRST ESSENCE OF CREATION = 'I' AM, THAT 'I' AM = ANU=ATMA

THE 'BODY' IS CREATION = GOD'S DREAM

AND 'NOT' IS, OF COURSE, SPACE

I is the Atma, the only truth. The idea 'I' applies only to the eternal 'I', over which, the transient 'I' is superimposed by ignorance born out of false identification with the body.

WELL, OF COURSE, THE BIG 'I' IS THE ORIGINAL ATMA - BUT ALL ATMAs ARE EXACTLY THE SAME AND EVERYTHING YOU SEE IS AN ATMA AT ITS CORE - ALL 'THINGS-DREAMS' ARE REALLY AN ATMA - THUS, ONE OF THE FIRST STEPS IS SEEING ALL THINGS AS ATMA I.E. ANU - THIS IS A UNIFORM FIELD OF ENERGY - ALL THE SAME.
THEN ONE PROCEEDS TO >

'NOT' = SPACE AND ATTACHED IS A DESCRIPTION OF WHAT IT FEELS LIKE TO ACHIEVE SPACE.

COMMENTS BY THE COWBOY