

# LET GO OF THE MIND

## GO WITH GOD

### FREEDOM

WHEN ONE LETS GO OF THE MIND - THE AWARENESS AUTOMATICALLY EXPANDS

THE BUDDHA COULD ACCURATELY REPORT ON THE MOVEMENT OF A BLADE OF GRASS ANY WHERE WITHIN 12 MILES – PROBABLY FURTHER, BUT THAT IS WHAT IS IN THE BOOKS.

A RESEARCHER SPENT TIME WITH ABORIGINALS IN THE AUSSIE OUTBACK. 20 YEARS LATER THE SAME RESEARCHER CAUGHT UP WITH THE SAME GROUP. HE ASKED THE NOW 40 YEAR OLD KID THAT HE WORKED WITH BECAUSE THE KID COULD SPEAK ENGLISH – HE ASKED THE KID IF HE KNEW WHERE THE BUCKET WAS THAT THEY LEFT BY A CAMP FIRE THEY'D USED FOR SEVERAL NIGHTS 20 YEARS AGO. THE KID RESPONDED, "SURE, I KNOW EXACTLY WHERE THAT BUCKET IS." THEY WALKED FOR A FEW DAYS – THE KID WALKED TO THE TOP OF A SAND DUNE AND POINTED DOWN – "DIG DOWN 15 FEET" – IT WAS THERE.

THE WAY THE ABORIGINALS RUN IN THE FOREST AT NIGHT – THEY RUN IN THEIR MIND. DON JUAN TAUGHT CARLOS CASTANEDA TO RUN AT NIGHT BY SCARING THE SHIT OUT OF HIM – WHEN ONE IS FRIGHTENED THE MIND OPENS WIDE. OF COURSE, THERE ARE MORE LOVING WAYS TO DO THAT.

THE ABORIGINALS SIMPLY PAY VERY CLOSE ATTENTION TO EVERYTHING – THERE'S A LOT OF STRANGE THINGS IN NATURE. DUE TO THEIR ENVIRONMENT, THEIR AWARENESS EXPANDED TO VERY LARGE DISTANCES – SO, THEY HAVE TWO WAYS OF FINDING THINGS: EXPANDED AWARENESS AND BASIC INSTINCT.

TOTAL TRUST IS WHAT IT IS - TRUSTING YOURSELF

THE AFRICAN BUSHMAN OF THE KALAHARI OPERATE IN THE SAME MANNER – DITTO THE FOLKS IN THE AMAZON AND THE ESKIMOS ARE SIMPLY AMAZING.

LET GO OF THE FEAR AND LET GO OF THE MIND – GOD PROVIDES VIA THE RULE – LIKE ATTRACTS LIKE. WELL YOU ARE GOD – AND IN THE AETHERS – CLEAN AETHERS, ONE CAN CREATE YOUR OWN UNIVERSE – AFTER ALL GOD IS GOD.

HERE – WE HAVE 3-D RULES THAT EVERYBODY BUYS INTO - SO, THOSE LIMITING IDEAS AND LOOSH PERMEATE THE AETHERS HERE. THAT AND THE FACT THAT THE ENTIRE 3-D UNIVERSE IS CONNECTED MAKES THIS UNIVERSE PRE-DETERMINED.

HOWEVER, WE CAN STILL LET GO OF THE MIND – THE RESULT IS AN AUTOMATIC EXPANSION OF AWARENESS, WHICH CAN BE DONE WITH PRACTISE & MEDITATION, HYPNOSIS, LAUGHTER, SINGING, DRUGS, NON-SEQUITURS (BUDDHIST KOANS, CHRISTIAN SPEAKING IN TOUNGES) BLANK THE MIND OUT AND VIA TECHNOLOGY

(HEMI-SYNC, MAGNETS, SENSORY DEPRIVATION TANKS ETC THERE ARE A NUMBER OF SUCH TECHNOLOGIES).

THE BEST WAY TO DO THIS IS IN A LOVING ENVIRONMENT WITH A TEAM OF PEOPLE. NORMALLY THAT WOULD BE ONE'S FAMILY, IF THEY ARE SPIRITUAL, LOVING AND SUPPORTIVE – IF NOT, FIND A NEW TEAM.

ONCE ONE CAN LET GO OF THE MIND – THERE COMES A RUSH OF EXPANSION. DOING THIS IN THE AETHERS RESULTS IN AN EXPANSION THROUGHOUT THE LOVING AETHERS. THIS LOVING RUSH IS AWESOME – THIS IS WHAT HAPPENS WHEN ONE IS TRAVELING IN THE AETHERS. MASSIVE AMOUNTS OF LOVE

LET GO, THIS IS REQUIRED IN ORDER TO DO ASTRAL PROJECTION. DITTO THE NEAR DEATH EXPERIENCES. LET GO OF THE MIND – DON'T SHUT IT DOWN – LET IT GO. THE MIND AUTOMATICALLY ASSIMILATES EVERYTHING THAT IS AVAILABLE – THE JOY OF LEARNING.

ONE CAN BECOME GOD ON YOUR OWN. BUT, IT IS BEST TO DO IT IN TEAMS TO BEGIN WITH – IT HELPS WITH LETTING GO OF FEARS THAT HAVE BEEN BUILT INTO US. TAKE ASTRAL OR DREAM TRIPS TOGETHER – LEARN TO EXCHANGE EXPERIENCES TELEPATHICALLY.

AFTER A VERY SHORT WHILE IT IS A CAKE WALK. SO MUCH JOY AND LOVE. ONE'S CONSCIOUSNESS BECOME LIKE A SIEVE – THINGS JUST PASS THRU EFFORTLESSLY – SINCE THERE IS NO TIME IN 2-D – THINGS CAN MOVE VERY SLOWLY OR AT INCREDIBLE SPEED. AS A PRACTICAL MATTER, INFINITE AMOUNTS OF LOVE IS AVAILABLE - SO, ONE ASSIMILATES IT.

A QUESTION IS, WHY LEAVE HEAVEN TO GO ON A JOY RIDE THRU CREATION. WELL ONE REASON IS THAT IT IS ALL GOD AND LOVE, SO WHY NOT ENJOY IT. NOTHING IS GOING TO HURT YA.

ANOTHER POINT – WHEN YOU DIE YOUR CONSCIOUSNESS CONTINUES. INFORMATION KEEPS BEING PRESENTED TO YOU. FOR EXAMPLE: YOUR LIFE PASSES BEFORE YOUR EYES AND YOU CAN'T CLOSE THEM. IF YOU GRAB ONTO ANY PART OF YOUR LIFE THAT YOU WANT TO FIX – USUALLY UNJUST SCENARIOS THAT THEN BECOMES KARMA. IT'S MUCH BETTER TO LET GO OF THINGS.

KARMA DOES PREVENT ONE FROM TRAVELING IN THE AETHERS AND KEEPS YOU ATTACHED TO THIS PLANET...

IT IS BEST TO LET GO AND BLESS EVERYTHING, JUST LIKE JESUS DID.

BLESSINGS

PS: THE ANCIENT YOGIS LIVING IN CAVES ARE OFTEN ASKED WHY THEY ARE STILL AROUND THIS PLANET – THEIR ANSWER IS THAT IF THEY MERGE TOTALLY WITH GOD/BRAHMA/SPACE THEN NO MORE YOGI. THIS IS A UNIVERSE OF THINGS - GOD'S THINGS. THERE IS AN INFINITE NUMBER OF JOYFUL LOVING UNIVERSES OUT

THERE (MANY MANSIONS) - MAYBE SOON ONE THAT INCLUDES FREEDOM WITH LOVE AND JOY.

THE PRACTISE OF ASTRAL PROJECTION PERFECTS ONE'S ABILITY TO TRAVEL IN THE AETHERS. IT'S JUST THAT SIMPLE.