NEAR DEATH EXPERIENCES
FURTHER SUPPORT FOR
THE ORIGIN LIFE ESSAY

THESE ARE A FACT OF LIFE. FOLKS DIE AND COME BACK TO TELL WHAT IT’S LIKE “OUT THERE”. THERE ARE OVER 700 NDEs ANNUALLY IN THE U.S. ALONE

IT SEEMS THAT ALL PEOPLE LOOSE BETWEEN 16 AND 21 GRAMS OF WEIGHT AT THE MOMENT OF DEATH – MOST LIKELY THIS IS AN ABSOLUTE FACT. SO, WHY HAS SCIENCE NOT EXPLAINED IT? MAYBE BECAUSE THEY ARE AFRAID TO – FOR SURE IF FITS ONE OF THEIR HOLY GRAILS – IT IS MEASURABLE.

IT IS LIKE WHY HAVE THEY NOT EXPLAINED BELL’S THEOREM – IF THEY REALLY UNDERSTOOD THESE NDEs THEN THEY PROBABLY COULD DO SO.

Jane Seymour is an actress most noted for the cult classic movie, Somewhere in Time, with actor Christopher Reeves, and the television series Dr. Quinn, Medicine Woman. When Jane Seymour was 36 years of age, she had a severe case of the flu and was given an injection of penicillin. She suffered an allergic reaction which led to a near-death experience.

"I literally left my body. I had this feeling that I could see myself on the bed, with people grouped around me. I remember them all trying to resuscitate me. I was above them, in the corner of the room looking down. I saw people putting needles in me, trying to hold me down, doing things. I remember my whole life flashing before my eyes, but I wasn't thinking about winning Emmys or anything like that. The only thing I cared about was that I wanted to live because I did not want anyone else looking after my children. I was floating up there thinking, "No, I don't want to die. I'm not ready to leave my kids." And that was when I said to God, "If you're there, God, if you really exist and I survive, I will never take your name in vain again." Although I believe that I "died" for about thirty seconds, I can remember pleading with the doctor to bring me back. I was determined I wasn't going to die." Then Jane suddenly found herself back in her body.

Peter Sellers was the comic genius of a generation of actors. He brought brilliant characterizations to numerous films, including The Mouse That Roared (1959), Dr. Strangelove (1964), The Pink Panther (1964), and Being There (1979). He was known for his enthusiastic way of totally absorbing himself in his characters, even carrying roles offstage. He also suffered from sad moods between films. While he knew his characters thoroughly, he said that he really did not know who he was. Then Peter Sellers, the brilliant, confused actor, had a near-death experience. Seated in a Hollywood mockup of a limousine’s back
seat while shooting his last great film, Being There, he told Shirley MacLaine about it. He was astonished that she did not consider him bonkers. Shirley documents their conversation in her book, *Out on a Limb* (172).

In 1964, during the first of a rapid series of eight heart attacks, when his heart stopped and he was clinically dead, he had an out-of-body experience and saw the bright, loving light. Sellers stated, "Well, I felt myself leave my body. I just floated out of my physical form and I saw them cart my body away to the hospital. I went with it ... I wasn't frightened or anything like that because I was fine; and it was my body that was in trouble." Meanwhile, the doctor saw that Sellers was dead and began to massage his heart vigorously. Sellers stated, "I looked around myself and I saw an incredibly beautiful bright loving white light above me. I wanted to go to that white light more than anything. I've never wanted anything more. I know there was love, real love, on the other side of the light which was attracting me so much. It was kind and loving and I remember thinking That's God." Sellers' out-of-body soul tried to elevate itself toward the light, but fell short. Sellers stated, "Then I saw a hand reach through the light. I tried to touch it, to grab onto it, to clasp it so it could sweep me up and pull me through it." But just then his heart began beating again, and at that instant the hand's voice said, "It's not time. Go back and finish. It's not time." As the hand receded Sellers felt himself floating back down to his body, waking up bitterly disappointed.

What effect did his NDE have on Sellers? His biographer stated that "The repeated act of dying became for Peter Sellers the most important experience of his life." (Walker, 158) Sellers himself said of death, "I'll never fear it again." Family and friends found him more spiritual and reflective than before. His biographer stated, "The experience of resurrection intensified Sellers' spiritual concern and friends discerned the start of a new introspectiveness, a sense of his not "being there" in spirit, though present in body." According to his biographer, Sellers' wife, Britt Ekland, found it unnerving that her previously restless husband had now become so quiet. He was now "sitting still over lengthy periods, saying nothing, but staring at her with his thoughts turned inward." Sellers returned to England for an extended convalescence, but soon reverted to old habits and bought his 84th car, an expensive Ferrari.

A couple of years before his NDE, Peter had played an earnest priest in Heavens Above, and developed a serious interest in Christianity (although he was born Jewish). During this time, and following his father's death in 1962, Sellers was drawn to long, serious discussions about life's meaning with a neighboring vicar in London, the Rev. John Hester, "to try to reconcile the world of plenty he inhabited with the emptiness of soul that oppressed him." (Walker, 143) After his NDE he deepened his quest for spiritual truth, continuing his discussions with Rev. Hester, and coming close to joining the church. In later years he practiced yoga, saying once that "Yoga has given me a tranquility I wouldn't have thought possible." (Walker, 217) Sellers' NDE strengthened his conviction that he was a reincarnated soul whose power of mimicry sprang from memories of past lives. But during his incarnation as Peter Sellers, at least, he felt lost. He did not know who he was and why he was on this earth. He explained to this to Shirley MacLaine this way, "I know I have lived many times before ... that experience confirmed it to me, because in this lifetime I felt what it was for my soul to actually be out of my body. But ever since I came back, I don't know why I don't know what it is I'm supposed to do, or what I came back for." (MacLaine, 174)

Spirituality gave Sellers some peace, but did not still his restless drift. In 1977, he complained that his yoga practice did not stop his heart disease. According to his biographer, "After all, what did it do for me? I obeyed all the instructions. I said my prayers regularly. I did all the exercises for peace, tranquility, and happiness. And all that happened was that I got steadily worse." Sellers' NDE awakened him to a deepened spirituality, but it did not usher in a major, lasting change in his mental habits and his outlook on life. This brilliant actor still felt lost. But Peter Sellers had a final heart attack. And it was then, that it was his time to go.
British actress Elizabeth Taylor spoke about her experience of having died on the operating table while undergoing surgery, and of passing through a tunnel towards a brilliant white light. Interviewed by Larry King on CNN's Larry King Live, the legendary Hollywood star related how she had died for five minutes on the operating table. Ms. Taylor said that while she was clinically dead, she had encountered the spirit of Michael Todd, one of her former husbands, whom she referred to as her great love. She had wanted to stay with Todd, she said, but he had told her that she had work and life ahead of her, and he "pushed me back to my life." Following her resuscitation, the eleven-person medical team - including doctors, nurses, etc. - witnessed Taylor's testimonial of this event.

"I was pronounced dead once and actually saw the light. I find it very hard to talk about, actually, because it sounds so corny. It happened in the late '50s, and I saw Mike (Todd, Taylor's third husband, who was killed in a plane crash in 1958). When I came to, there were about 11 people in the room. I'd been gone for about five minutes - they had given me up for dead and put my death notice on the wall. I shared this with the people that were in the room next to me. Then after that I told another group of friends, and I thought, "Wow, this sounds really screwy. I think I'd better keep quiet about this."

"For a long time I didn't talk about it, and it's still hard for me to talk about. But I have shared it with people with AIDS because if the moment occurs and you're really sharing, it's real. I am not afraid of death, because I have been there."

In an interview with America's AIDS magazine, Liz described her NDE again: "I went to that tunnel, saw the white light, and Mike [Todd]. I said, Oh Mike, you're where I want to be. And he said, 'No, Baby. You have to turn around and go back because there is something very important for you to do. You cannot give up now.' It was Mike's strength and love that brought me back."

**SO, WHAT IS IT LIKE OUT THERE?**

**NDE References of a City of Light**

- A golden city with towers and domes:

  Just a little ways off I could see a bridge with someone standing on it. Beyond the bridge, I saw a golden city with towers like European castles. The whole city seemed to be shining with light that shot up into the sky like a giant searchlight. I could see that some of the domes of the city were red, others were gold, and a few were blue. The gates and walls of the city seemed to be made of bright blue, red, and violet lights. ([Randy Gehling](https://www.randysoul.com))

- A city of crystal cathedrals:

  Like wingless birds, we swept into a city of cathedrals. These cathedrals were made entirely of a crystalline substance that glowed with a light that shone powerfully from within. I was awestruck. This place had a power that seemed to pulsate through the air. I knew that I was in a place of learning. I wasn't there to witness my life or to see what value it had had, I was there to be instructed. ([Dannion Brinkley](https://www.dannionbrinkley.com))

- A beautiful unearthly city:
Jesus took Emanuel back to heaven and showed him a beautiful city. Emanuel said this was a very beautiful city with houses he has never seen anywhere in the world. There was a lake there and he was told he could not go across it. (Emanuel Tuwagirairmana)

- A beautiful fairy tale city:

I remember the scene was shown to me in a fairy tale city and setting - somewhat like I had always wished for in my life while alive. It was so beautiful. (Sherry Gideon)

- A city that represents a world:

As I found myself at the top of the hill, I saw that over on the horizon and just a little bit lower on the horizon, there was a city. I realized in some way that this was more than just a city, that what I was seeing actually represented a world. I wondered, "Was that the world I just came from or the one I am going to? (Jayne Smith)

- A multi-colored crystal city:

In the distance I saw a sight so magnificent and astounding - a city made up of what seemed to be glass or crystal! The lights were of many colors that radiated from it. Never have I ever seen such a sight! I began walking toward the city in a daze of unbelief! So many questions raced through my mind. I had to know where I was. What was happening to me? I reached the front of the city and saw a double door that looked to be about thirty feet or so in height and width! (Ricky Randolph)

- Souls are seen being prepared for the city of light:

Those living on the higher realms of the city radiate the brightest light, being so resplendent that their glory must be cloaked so others of lower degree can look upon them. Visiting the higher levels is possible, but the spirits of lower realms must be prepared or covered so they can stand in the presence of greater glory ... Some new arrivals are taken to a place of orientation where they rest, adjust to their new condition, and prepare to take their place in the city of light. (Craig Lundahl)

BUT, THERE IS MUCH MORE THAT THESE CITIES. THERE ARE THE HEAVENLY REALMS, THERE IS THE “HAPPY HUNTING GROUND”, THERE IS THE EGYPTIAN EMERALD CITY.

AND THERE IS ALSO A HELL FOR THOSE THAT REALLY WANT TO GO THERE – AND FOR THOSE THAT REALLY DO BAD THINGS, WITH MALICE A FORE THOUGHT – OUR MOSLEM BUDDIES ARE NOT FINDING THE 50 VIRGINS OUT THERE – OUT OF BODY TRAVELERS, NDEs AND DREAMERS HAVE BEEN TO THEIR PAINFUL ABODE IN THE AFTER LIFE – I FEAR FOR THEIR SOULS – IT IS GOING TO TAKE THEM AGES AND MANY LIFE TIMES TO SCRAPE OFF THEIR KARMA.

HOWEVER, THE TEACHINGS OF ISLAM ABOUT THE JIN OR SPIRIT GUIDES IS TOTALLY CORRECT – THEY ARE WITH US ALL THE TIME. THIS IS VERY WELL KNOWN. SO WHY DOES SCIENCE NOT EXPLAIN IT – INSTEAD THEY DO THEIR BEST TO RIDICULE THOSE THE COME FORWARD WITH THE NDE STORIES. AS WELL AS THE DREAMS AND ACTUAL SIGHTINGS OF THE
ANGELS, FAIRIES, GNOMES AND LEPRECHAUNS THAT HAVE BEEN REPORTED FOR 1000s OF YEARS. SO, WHY WILL SCIENCE NOT ADMIT THE TRUTH?

The NDE and Guides
Kevin Williams' research conclusions

Peg Abernathy is a near-death experiencer who knows a lot about spirit guides. Her near-death experience and subsequent transformation is documented in her book The Self-Full Life: A True Story That Will Help Your Soul Remember where she deals extensively with spirit guides. The following are some of the insights she has learned from her experience. More information can be found at Peg Abernathy's website at www.self-full-life.com:

Some of Peg Abernathy's insights concerning Spirit Guides

- Long before we fell asleep and began the dream-play that we now call our life, there was a meeting that took place between our Spiritual Essence and our chosen team of Angels and Guides. We came together within the All There Is, in order to full-fill our karmic destiny at the time deemed most appropriate. And it was decided that this life would transpire and that we would incarnate, act out our life-play and apply the lessons that we brought forth from previous lives. And as a young school child that bursts forth through the front door with the latest picture or lesson, we, at the completion of our incarnated existence, run through the Light with our newly acquired experiences and into the welcoming arms of these comrades of feelings and Love. We have awakened into the All There Is and we have completed our destiny of this life-lived.

Do we all have Spirit Guides? Yes, absolutely. And they are always with us, talking to us through our intuition, through our hearts, minds and feelings. And some people, blessed with the ability to quiet the mind and receive messages and wisdom within that silence, are able to communicate with these wondrous Beings who wait patiently for us to call out. "We are always here. Never do we leave and the moment your thoughts turn to the Light, ours will be directed in that path as well. That is why we are here: to Guide you towards this Light, The Knowing of the Light. Our gentle Guidance of your Soul is just that, Guidance. It is you who make the ultimate choice. And that is the Power of Will. You must understand that we are no better than you, that we seek the same Light as you."

If a person wishes to directly contact their Spirit Guides while in the physical body, it can be done. But it takes great determination and the ability to completely quiet the mind. We are always mentally chattering away, thinking and asking yet never taking the time to actually listen, to be utterly still in order to hear the answers. That is where the miracle lives, within the silent mind.
That is where we will hear and sometimes see our team, our most ardent admirers of this dream we call our life. But if we can believe and ultimately remember all that we brought with us, and that these beautiful Spirits are just a breath away and within reach of our touch, then we Know, we Become, once again, a merging of Lighted energies and Love. We are home.

**From Peg Abernathy's Spirit Guides**

"We see a future of hope, of reason and of acceptance for all people. A time when expression of ideas, beliefs and experiences are encouraged freely and welcomed with unabandoned joy. We yearn for that Universal power of all things and we seek others of like-minds. We look for those struggling to understand and we reach out to them with an unconditional hand. Our Purpose, our reason for Being in this life experience is limited only by our minds and the boundaries within. The choices we make and the dreams we share, define our existence upon the earth and vulnerability is the realization that we all matter. Every one of our lives is simply a confirmation of our own intuition. Delicate, sweet moments in time. And tenderly, we sing and rejoice in The All There Is."  

(Peg Abernathy)

**WHAT'S THE BOTTOM LINE?**

The NDE and God

Kevin Williams' research conclusions

Near-death experiencers who have actually seen the brilliant light and experienced the ecstatic love, know without a doubt they have seen God. Once they enter into the light of God, they never want to leave. But they are told it is not their time to die, so they return having this experience of God seared into their very hearts and minds. They carry this experience back with them to share with others, but they sometimes find difficulty doing so. But their experience with the light is just too important to keep to themselves. For example, one particular experiencer was told that the time is now for humanity to know for certain that there is life after death.
Air is to the physical world as God is to the spirit world. God is life, light, time and space, the pattern for all life, the energy of all matter, the heart of all that matters, the very essence of all being, the source behind every sun, the source of all light and love, the core of all things, the single point of infinite light and absolute love, and the very life force of the universe.

ACTUALLY THE FIRST FORM OF GOD IS SPACE AS WELL PROVEN IN THE COWBOY’S WRITINGS HERE IN, WHICH IS CONSIDERABLY MORE EXPANSIVE THAN A POINT OF LIGHT.

HOWEVER, THE FACT THAT THERE ARE THESE POINTS OF LIGHT NEEDS TO BE EXPLAINED:

ORBS
Is this the proof that spirits DO exist?

At first, it seemed no more than a curious coincidence. Professor Klaus Heinemann, a researcher for NASA, the U.S. space agency, was studying a collection of photographs his wife had taken at a gathering of spiritual healers when he noticed that many of them featured the same pale but clearly defined circle of light, like a miniature moon, hovering above some of the subjects.

Like most rational people, he assumed that the pictures were faulty. 'I presumed the circles were due to dust particles, flash anomalies, water particles and so on,’ says Prof Heinemann.

'But I was sufficiently intrigued that I returned to the room in which the pictures were taken, in the hope of finding an explanation - like a mirror in the background. None was forthcoming.'

Nor could he find any faults with his wife’s camera. And as a scientist with considerable experience in sophisticated microscope techniques - examining matter down to atomic levels of optical resolution - his methods were nothing if not rigorous.

Still puzzled, Heinemann set out to discover what else might have caused the mysterious circles. He and his wife began taking hundreds of digital photographs at random events to see whether they could recreate the mysterious effect.

The answer was that they could make these shimmering 'orbs' appear again, but only - absurd as it may sound - if they 'asked' the apparitions to make themselves visible to the camera. And they found this method worked particularly well when the couple photographed spiritual gatherings.

What on earth was going on? Again, a maverick technical glitch seemed the obvious answer. Such anomalies happen frequently in digital photography. If you accidentally jog a camera while a picture is being taken, especially in dim light, you can easily get a double image.

But again, Prof Heinemann ruled out a technical fault. 'We were quickly able to eliminate the common problems associated with photography - such as dust particles, water droplets, reflections and a host of other likely causes.'

Yet the orbs still kept appearing. And the more images he took, the more he was able to study the bizarre properties of these shimmering lights.

Heinemann set up dozens of experiments using two cameras on static tripods under controlled conditions. His early experiments found that orbs can move very fast, up to 500mph or more.
Heinemann also found that during his numerous dual camera experiments, when he used twin cameras to capture an object from two different angles, a single orb shape would often appear - but only in one of the two images taken simultaneously.

It was as if the orbs somehow chose which camera to appear on, or whether to appear at all.

**Eventually, Heinemann was left with only one conclusion: that he was witnessing some form of paranormal intelligence.**

'There is no doubt in my mind that the orbs may well be one of the most significant "outside of this reality" phenomena mankind has ever witnessed,' says Professor Heinemann.

'Until now, there has been a huge amount of anecdotal evidence that the spirit world exists. I believe it's no longer anecdotal. Thanks to digital technology, we can see it for the first time. We are dealing with a non-physical - albeit real - phenomenon.'

The temptation, of course, is to dismiss such claims as bunkum. Indeed, many of Professor Heinemann's colleagues consider his research to be 'utter flaky nonsense'.

And yet a growing number of respectable scientists refuse to write off the possibility that these orbs, which are starting to appear on cameras around the world, just might offer a fascinating glimpse into the unknown.

Earlier this year, the world's first conference on orbs took place in Sedona, Arizona, where several scientists controversially stated that they believed orbs were indeed a genuine paranormal phenomenon.

**Their conclusions, if correct, could have huge implications on the way we view the universe and our part in it. The experts say that just because something has not yet been scientifically proven, it doesn't mean that it is not real.**

Professor William Tiller, a theoretical physicist who spent 35 years researching consciousness and matter at Stanford University in California, reminded the conference that what we see with our physical eyes comprises less then 10 per cent of the known universe.

This is because human vision operates only within a limited range of the electromagnetic spectrum. For instance, we cannot see radio waves, which carry huge amounts of information, yet we know they exist.

Similarly, Michael Ledwith, a former professor of Theology, who for ten years was President of Maynooth College at the National University of Ireland, reminded the sceptics that when, in 1861, Dr Ignaz Semmelweis had claimed there might be some unseen link between surgeons who didn't wash their hands and the high rate of infection in childbirth, his mainstream colleagues ridiculed him.

Yet he had found the first evidence of what was later to become known as bacteria.

'Most great discoveries throughout history have been initially ridiculed,' Ledwith told the orbs conference. 'To my mind, there is no doubt that the orb phenomenon is real and deserves to be taken seriously. There are not just a few pictures of orbs, which could easily be faked, but hundreds of thousands from all over the world.'

To date, Ledwith, who was also a member of the International Theological Commission at the Vatican, has a collection of more than 100,000 orb pictures.

'They come in all sizes, ranging from a few inches to several feet across,' he says. 'Sometimes they appear alone, and at other times hundreds of them, in colours ranging from white to blue, green, rose and even gold.

'Over time, I realised that a flash seemed to be essential to capture them, even in daylight. I
believe this is because we can see the **orbs** only through the process in physics known as fluorescence. The camera flash sparks this fluorescence process, making the **orbs** visible to the camera.'

Ledwith is still uncertain about what these **orbs** might actually be, but he has no doubt that they are some sort of paranormal apparition.

'I believe they could be many things. They may turn out to be the spirits of those who have passed on; or, as some spiritual teachers state, they might be spirits waiting to be born into a physical body,' says Ledwith.

'They may also be, or represent, a host of other intelligences - from nature spirits to beings of pure energy that have never been incarnated in a physical form. There are hundreds of different types of orb.'

Many of the scientists at the conference believe the **orbs** are plasma-like balls of energy - but an energy that can be detected by physical means, and which appears to have some control over its own shape and form.

'It's certainly the case that they can often be photographed best at places of psychic significance. 'They definitely seem drawn to spiritual type gatherings,' says Ledwith.

'We regularly see **orbs** near healers' hands or heads. Perhaps they assist in the spiritual healing process.'

Take the case of Anna Donaldson, a freelance photographer who was commissioned to take pictures of Keith Watson, a medium who had been drafted in to help solve the disappearance of Sarah Payne, the little girl who was snatched while playing near her grandparents’ home in West Sussex seven years ago.

The shoot took place at the exact spot where Sarah was last seen, because the medium had suggested that he 'might pick something up'. Sure enough, when the pictures were developed, a mysterious glowing dot appeared in one of the crucial images.

'I didn't believe in any of this paranormal stuff,' says Anna, 'but I couldn't find any fault with the camera - if there had been, then all the images would have been tainted, not just one of them.'

Still skeptical, Anna had the film and images analyzed for technical faults, but again no one could provide a logical answer - until a member of the Psychic Institute suggested that the pictures could indeed be evidence of 'auras'. In this case, Anna was told that the blueish colour of the orb suggested the presence of a very young soul.

Still intrigued, Anna arranged to photograph Watson again - at the exact spot from where another young child had disappeared, this time in Greece. To her astonishment, the photographs again showed the presence of a blue orb.

And when Anna repeated the shoot the next day, in a bid to rule out a trick of the light, she got the same result - only this time it was two orange **orbs**.

'So what I now had was pictures of **orbs** from three different cameras, in two different countries, on three different days - there's simply no way that could be a chance occurrence or a technical fault,' says Anna.

'I still don't know what to think about it, but I suppose because a camera can pick up an image at a shutter speed of 1/2,000 of a second, it's possible it can detect things the naked eye cannot see.'

Could it have been the spirits of the lost children?

Terri Caldwell, a healer from Belbroughton, in Worcestershire, is among those who are convinced that
orbs are a visible manifestation of human spirits.

'To my mind, the orbs are the spirit world simply going about their business,' she says. 'I believe we are all spirits having a physical experience, and when we die our energy field which carries all the information about us continues on.'

But not everyone is convinced. Gary Schwartz, Professor of Psychiatry at Arizona University, has conducted many experiments into orbs with the help of optical scientist Katherine Creath and remains sceptical.

'We feel that a large majority of so-called orb pictures are too readily attributed to some form of paranormal phenomena when, in fact, stray reflections in uncontrolled environments often produce orb-like images,' he says.

That does not deter those, like Miceal Ledwith, who feel orbs are simply too widespread to be written off as a misunderstanding. 'The orbs are an everyday part of reality, as much as we are,' he maintains. 'Their world may be as real as ours, but exists on higher frequencies.'

'If you change your TV channel, you switch to different frequencies, which contain different information. It's illogical to think that what we cannot see is not real, because the human eye is able to receive only a very narrow part of the light spectrum. Many animals can see in spectrums invisible to us.'

As Professor Heinemann summarised: 'Research into orbs is only in its infancy. But the photographs of these spirit emanations offer evidence - as close to scientific proof as we have ever come - in proving the existence of spiritual reality.'


THE SAME ORBS ARE ACTUALLY PHOTOGRAPHED HOVERING OVER CROP CIRCLES AS THEY ARE FORMED.

SO, AS STATED IN THE ORIGIN OF LIFE ESSAY – I PRESENT TO YOU THE ORIGIN OF LIFE, WHICH IS IMMUTABLE AND IMMORTAL:
THE GOOD NEWS IS THAT THERE IS GOING TO BE 1000s OF YEARS OF PEACE ON THIS PLANET:

I looked forward and saw a lighted tunnel and at the entrance were many people. They saw me coming and alerted the person in charge. This person came floating up to me. He reached me in an instant. I immediately knew him as "Uncle." I remember thinking, "I don't have an uncle who looks like him." He was dressed in khaki pants, a white shirt and a tan sweater vest. He carried a clipboard. I thought, "How odd." He had floated just a bit in front of my path blocking me from going further. Then he telepathically said, "It is not your time." In the same manner I told him, "I am going home!" (It was sort of like saying, "What are you talking about?")

Seeing how I willed to go forward, he talked to "others" who were somewhere else. They told him to show me something. Then he came up beside me and we both looked down onto the Earth. All over the U.S. and some other countries, there were groups of people, some three, some one person, some many people, etc, at work doing what looked like triage work of mending hearts by putting their hands over the hearts of others. It seemed at times they would roll them into what looked like caves. Once they were healed, they would be wheeled out again and set on their way. Most of the healings worked but some failed. They were working so fast to get as many healed as possible. They also wore
white. I asked if they were nurses. "No," he said. I said almost in disbelief, "But there are only thousands of them!" And then he said, "That is all we need." They would tip the balance. What they did was all that was necessary to do to accomplish what needed to be done.

Then I saw this whole group of people become one consciousness because of something "they" on the Other Side had activated within them. They became ONE. At that moment, "they" were able to send a bolt of pure light into the world through their bodies. It entered through their backs, behind their hearts, and exited through their chest and out into the world and into every nook and cranny of the world. Then the fog of shadows and fear rolled back and a new age of Heaven on Earth came. It wasn't going to last forever, but it would for many thousands of years. Everything would be different. I looked at him and he said, "We need you there." Then I remembered it was my "contract" to be there and to do my part. It was my husband's part to send me over to see this and experience what I was seeing. It was just a role for which he had no bad intentions. It was up to me to remember and not play a victim. With that, I found myself back in my body but there still were no sounds. (Anne Horne)

ONE HAS TO WONDER WHY THE EARTH WOULD EVER GO BACK TO ITS WICKED WAYS AFTER 1000s OF YEARS OF PEACE. WELL THERE IS ANOTHER HIGHER PLANE OF EXISTENCE AVAILABLE FOR THIS PLANET THAT IS WELL EXPLAINED AT THE END OF ROBERT MONROE’S BOOK, “FAR JOURNEYS” – NOW THERE IS A GOAL WORTH MEDITATING ON.

I HATE TO TELL THE METAPHYSICAL PEOPLE AGAIN – BUT, RIGHT NOW GOD RUNS AND RULES THIS PLANET – ALL THINGS THAT OCCUR IN OUR 3-D REALM ARE DUE TO HER WISHES. WE CAN AND DO CO-CREATE WITH GOD PRIOR TO ENTRY TO THIS LIFE – AND WE CAN MAKE CHANGES VIA MASS PRAYER OR MEDITATION. OTHER THAN THAT – INDIVIDUALLY, AS THE YOGIs HAVE BEEN TELLING US FOR 5000 YEARS – OUR ONE FREE WILL CHOICE IS TO GO TO GOD OR NOT I.E. BECOME ENLIGHTENED OR NOT. BECOME ONE WITH OUR ANU AND THE AETHER – AND THE TECHNOLOGY FOR DOING THAT IS QUITE EASY. HOWEVER, THE MASS WILL TO MAKE THE SPIRITUAL CHANGE – THAT IS SOMETHING MUCH MORE DIFFICULT – RIGHT NOW EVERYBODY IS FOCUSED ON MONEY.

FREEDOM IS THE MAJOR POINT OF THE COWBOY’S WRITINGS – GETTING OUT OF THE RUT. RIGHT NOW, WHETHER WE LIKE IT OR NOT WE ARE STUCK IN A RUT OF BIRTH AND REINCARNATION – OUR ORB GOES ON AND ON, TRYING TO GET OUR PHYSICAL BODIES TO LEARN THAT WE ARE ALL GOD. SO, WE HAVE ONE FREE WILL CHOICE AS THE YOGIs HAVE BEEN SAYING.

IT IS VERY IMPORTANT TO YEARN FOR ONENESS WITH GOD – ENLIGHTENMENT – BECAUSE 1) AS A 2-D BEING WE BECOME FREE TO TRAVEL, CREATE AND BE FREE TO DO WHAT EVER; 2) WE GET OFF OF
THE WHEEL OF REINCARNATION AND DO NOT HAVE TO DO SO UNLESS WE WANT; 3) THERE SEEMS TO BE A MAJOR ADVANTAGE TO ACHIEVING ENLIGHTENMENT IN THESE CARBON BASED BODIES – THE ANTAGONISM BETWEEN CARBON AND OXYGEN APPARENTLY CREATES A SPRING BOARD TO THE GREATER REALMS.

THE BOTTOM LINE IS THAT YOU, ME AND ABSOLUTELY EVERYTHING YOU CAN SEE IS BASICALLY AN ANU / GOD / ORB / ATMA / SHIVA LINGHAM – WE MUST LEARN TO COME INTO HARMONY WITH ALL ANUs.
ONE OF MY FAVORITE NDE STORIES CAME FROM DR. BERNIE SIEGEL, WHO WROTE, “LOVE, MEDICINE AND MIRACLES”: THERE WAS THIS BORN AGAIN BIBLE THUMPING PERSON, WHO STATED EMPHATICALLY THAT IF YOU DID NOT BELIEVE AND ACCEPT JESUS THEN YOU WERE GOING TO GO TO HELL FOR EVER AND EVER. HE HAD AN NDE – GUESS WHO HE MET AND THE END OF THE TUNNEL OF LOVE – THE BUDDHA. HE CAME BACK SPUTTERING.

GOD DOES ORDER HIS REALMS ACCORDING TO THE AMOUNT OF JOY ONE CAN BRING.

REGARDING THE LOWER REALMS INTO WHICH FOLKS INSERT THEMSELVES – THIS COMES FROM THE NDE FOLKS – AND THE OUT OF BODY EXPERIENCE FOLKS AT THE MONROE INSTITUTE SAY THE SAME – MANY OF WHOM HAVE SPENT HOURS AND MANY TRIPS TO THESE REALMS:

It is an experience involving thoughts and feelings that have no real comparison in this physical world.

**Playing Harps and Floating On Clouds**

- Someone comments: "When reading about all of this eternal love and happiness, it sounds beautiful and amazing; however, it sounds like there are an infinite amount of spirits with plastered smiles on their faces floating around heaven ... What everyone seems to say is that in heaven, EVERYONE goes around like they're high on drugs. This is what it comes off as! Eternal bliss and unmatched feelings of love? Sounds amazing. It really does. The stories on your site make it sound as if when you die, Jesus tells you, "Tough shit. This is the way it is whether you like it or not", and our spirit automatically transforms into a state of sheer, pure bliss without second thought. It scares me."

**Webmaster's reply:** "Nobody forces you into eternal bliss or anywhere to do anything. There are many levels of love and happiness where you can choose and where you fit in. That includes this physical dimension where you can follow your own bliss. Let me cite the best NDE references, in my opinion, that concerns the tremendous ecstasy that can be found in NDEs

- Sexual orgasms can't compare. You are so high. Magnify that to infinity! ([Carter Mills](http://www.cartermills.com))

- One woman told me that when she found herself in the light, "The feeling just became more and more and more ecstatic and glorious and perfect ... If you took the one thousand best things that ever happened to you in your life and multiplied them by a million, maybe you could get close to this feeling." Another man wrote, "Then there was peace. Peace, but in order to give an idea of what one means by that, the letters would have to be written thousands of miles high in soft glowing colors ... It is a complete happiness, total happiness, beyond the realm of happiness. ([Dr. Ken Ring](http://www.drkenring.com))

- Then I simply remember I became more blissful, more rapturous, more ecstatic. I was just filling and filling with this light and love that was in the light. The dynamics of this light are not static at all. They are so dynamic and so much going on in there of love and joy and knowledge. As you take it into yourself, or as it goes into you and you receive it, your ecstasy level just becomes tremendous ... I reached the point in the rapture of it all where I thought to myself suddenly, the first thought: "I wonder how much more of this I can stand before I shatter?" With that thought, the light began to recede. So, the universe will not let us shatter. We cannot take in more of this bliss and joy than we are able to handle at a time. ([Jayne Smith](http://www.jayne.smith))

- During Arthur Yensen's NDE, he had a discussion with a heavenly being who resembled a Greek god. Yensen had the following conversation with him:

  Yensen asked, "How do you explain this intense happiness?"
He answered, "Your thoughts are vibrations which are controlled by the Master-Vibration. It neutralizes all negative thoughts and lets you think only the good thoughts, such as love, freedom and happiness."

Yensen asked, "Then what becomes of the old grouches?"

He answered, "If they are too bad they go to a realm of lower vibrations where their kind of thoughts can live. If they came here, the Master-Vibration would annihilate them. After death people gravitate into homogenous groups according to the rate of their soul's vibrations. If the percent of discord in a person is small, it can be eliminated by the Master-Vibration; then the remaining good can live on here. For example, if a person were 70% good and 30% bad, the bad could be eliminated by the Master-Vibration and the remaining good welcomed into heaven. However, if the percentage of bad were too high, this couldn't be done, and the person would have to gravitate to a lower level and live with people of his own kind.

"In the hereafter each person lives in the kind of a heaven or hell that he prepared for himself while on earth. If you threw a small pebble into a threshing machine, it would go into the box - not because it is good or bad, but because of its proper size and weight. It's the same way here. No one sends you anywhere. You are sorted by the high or low vibrations of your soul. Everyone goes where he fits in! High vibrations indicate love and spiritual development, while low vibrations indicate debasement and evil." (Arthur Yensen)

They are brought to a path that heads up toward heaven and are committed to angel guardians there. Then they are accepted by some other angels and introduced into communities, and there into many forms of happiness. (Emanuel Swedenborg)

The happiness and ecstasy in NDEs are like nothing we can compare to on earth. God will not let us have more of this ecstasy than we can bear. There are many realms in the afterlife corresponding to the many levels of bliss that souls can choose from. In general, the level of bliss we realize after death is basically determined by our choice between positive vibes or negative vibes here on earth. And no one is locked into a particular vibrational level and each of us can choose higher and lower levels of bliss. The higher the vibrations we desire, the more our negative thoughts and feelings are replaced with positive thoughts and feelings. (Kevin Williams)